

# Our Commitment

*Making a difference, one patient at a time.*

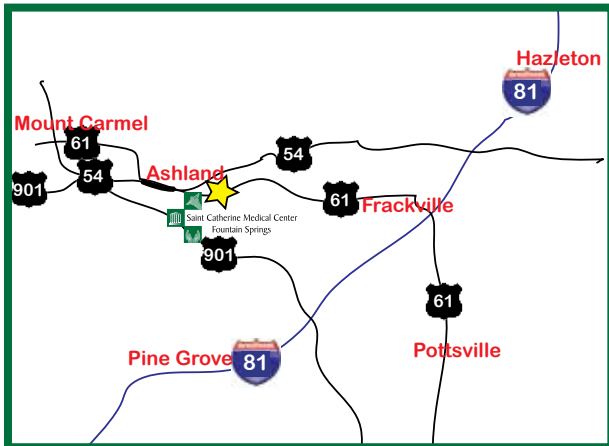
## Directions

**From Pottsville:** Take PA-61N through Frackville; continue on PA-61N to Fountain Springs; Saint Catherine Medical Center is on the left.

**From Shamokin:** Follow PA-61S through Shamokin and Mount Carmel; continue on PA-61S through Ashland to Fountain Springs; Saint Catherine Medical Center is on the right.

**From Pine Grove:** Take I-81N to exit 119 (Heckscherville/Gordon); at end of ramp, turn left (Gordon Mtn. Rd.); at stop sign at bottom of mountain, turn right (Biddle Street); travel approx. 1 block; turn left onto McKnight Street (convenience store on northeast corner of intersection); at stop sign, turn hard right onto PA-61S; travel approx. 1/2 mile; Saint Catherine Medical Center is on the right.

**From Hazleton:** Follow I-81S to exit 124B to Frackville; continue on PA-61N to Fountain Springs; Saint Catherine Medical Center is on the left.



Senior & Adult Behavioral Health Center  
Phone: (570) 875-6970  
Fax: (570) 875-6982

## Our Mission

Making a difference,  
one patient at a time.

## Our Vision

Committed to becoming  
the most trusted name  
in regional healthcare by 2020.

## Our Values

**Teamwork** – Coordinated efforts toward  
positive outcomes.

**People** – Patients, Community  
and Co-Workers.

**Respect** – Value others' ideals  
and act accordingly.

**Quality** – Performance with the greatest outcomes.

**Commitment** – Having the passion to do whatever it  
takes to succeed.



# Adult & Senior Behavioral Health Center

## Adult Behavioral Health Center

We provide a multidisciplinary approach to create a stable treatment environment for adults over the age of 18. We treat all forms of behavioral symptoms and issues, including the treatment of voluntary and involuntary patients.

- ◆ Individual and group clinical experiences are arranged as part of each patient's individualized treatment plan and review process.
- ◆ Patient and family education are provided.
- ◆ Private room assignments are possible based on patient need and availability.
- ◆ Clinical outcomes and patient satisfaction are measured and addressed on an ongoing basis.

The center is staffed by professionals including psychiatrists, RNs, LPNs, Social Worker, Master's-level therapist, recreational therapist and psychiatric aides.



## Senior Behavioral Health Center

With dynamic programming designed specifically to meet the special needs of our patients over the age of 55, the SBHC serves older adults who need short-term, intensive therapy for depression, anxiety and other behavior-related illness. Our goal is to identify and stabilize the condition which led to the patient's crisis situation, and return him/her to the maximum level of function within his/her circle of family and friends.

Treatment includes:

- ◆ medication education and management;
- ◆ group counseling;
- ◆ coping skill education;
- ◆ activity therapy;
- ◆ management of secondary medical needs;
- ◆ and caregiver support.

The center is staffed by geriatric health care professionals including psychiatrists, RNs, LPNs, Social Worker, Master's-level therapist, recreational therapist and psychiatric aides.



## Admission Information

Admission to either of the behavioral health units is indicated for patients with a primary psychiatric diagnosis not related to an underlying medical condition, and ordered by a psychiatrist. All patients must be medically stable prior to admission to either unit.

Behavioral indicators for admission include, but are not limited to: suicide attempts or suicidal thoughts; self-mutilative behavior; homicidal thoughts with poor impulse control; assaultive or destructive behaviors; psychiatric symptoms severe enough to cause disordered or bizarre behavior; disorientation or memory impairment which endangers welfare of self and/or others; toxic effects of therapeutic psychotropic drugs; unresponsive to aggressive inpatient/outpatient therapy; or changes to psychotherapeutic medication(s) which may require monitoring.

It is the policy of the Saint Catherine Medical Center Behavioral Health Centers to admit only those patients whose care needs can be adequately met through our programs. Admission, the provision of services and referral of patients are not based upon race, color, religion, disability, ancestry, national origin, familial status, age, sex, limited English proficiency or any other protected status.

## Contact Us

Admissions are accepted 24 hours a day, seven days a week. For more information or to refer a patient for possible admission, please contact us at (570) 875-6970.

